

# MG Northumbria – Covid 19 (Coronavirus update)

4 November 2020

Information and extracts supplied by [www.Gov.uk/covid](http://www.Gov.uk/covid)

Dear member by way of a club update,

You will by now be aware that the Government has announced new National restrictions will apply to England from 5 November (Lockdown). To quote...‘COVID-19 case numbers are rising rapidly across the whole of the UK and in other countries. We must act now to control the spread of the virus. The single most important action we can all take to fight coronavirus is to stay at home, to protect the NHS and save lives. When we reduce our day-to-day contact with other people, we reduce the spread of the infection. That is why, from Thursday 5 November until Wednesday 2 December, you must:

- Stay at home, except for specific purposes.
- Avoid meeting people you do not live with, except for specific purposes.
- Close certain businesses and venues.

These new measures will reduce the growth rate of the virus, which will:prevent the NHS from being overwhelmed

- ensure schools, colleges and universities can stay open
- ensure that as many people as possible can continue to work

From 00.01 on Thursday 5 November these national restrictions replace the local restrictions in your area. The new measures will apply nationally for four weeks up to Wednesday 2 December 2020. At the end of the period, we will return to a regional approach, based on the latest data at that time.

These measures will be underpinned by [law](#). Police and other authorities will have powers to give fines and break up gatherings...’

Obviously these are really challenging times and therefore until the situation significantly improves, all club activities continue to remain suspended. PLEASE DO ENGAGE WITHIN THE CLUB THROUGH OUR WEB AND SOCIAL MEDIA SITES, AND IMPORTANTLY REMAIN IN COMMUNICATION WITH THOSE MEMBERS WHO MAY BE MOST VULNERABLE OR ALONE AT THIS TIME. Please also read about and perhaps participate in the ‘Chairman’s Covid Challenge’, (see Newsletter), in order that we all remain somewhat engaged with our club, have some form of contact and look out for each other.

Please take great care, look after yourselves, families, neighbours and friends. Above all stay safe.

Regards,

Phil Kirkland, Chairman MG Northumbria

**Wash hands**  
**Cover face**  
**Make space**

keep washing your hands regularly  
wear a face covering in enclosed spaces  
stay at least 2 metres apart