
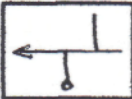
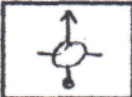
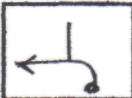


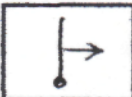


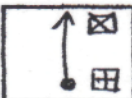
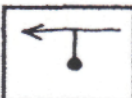

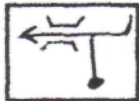


0	0		leave laybye, zero trip.	head North, away from Wall
0.5	0.5		It at crossroads	B6318 Chollerford
0.8	0.3		sp B6320 Otterburn 20	
7.0	6.2		sp Whygate 7	in Wark
7.6	0.6		sp Bellingham 7	awkward camber
10.2	2.6			note ancient cross on right
10.8	0.6		sp Bellingham 2: 3/4	
12.9	2.1		sp Kielder 14	
16.8	3.9		sp Kielder 12, Newcastleton 24	
<p>see reservoir on right after dam.  look for course of railway on left after Kielder village.  (I put these notes in only to try not to create a club record for longest section on a run)</p>				
33.4	16.6			enter Scotland
			sp Newcastleton 8 B6357	note "Steel road" and Rikarton Junction Farm
42.0	8.6			pass "Florida" on left!

43.3

1.3

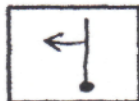


B6357 Newcastleton

For a comfort stop in Newcastleton, turn right for "I", golf course and and Langholm.  
They are beside the Fire Station.

45.1

1.8

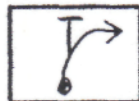


sp Roadhead, 7 stanes trail

just South of Newcastleton.

45.3

0.2



sp River view holiday park

47.2

1.9



sp Brampton, Bewcastle

48.3

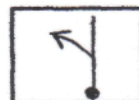
0.9



over the bridge, welcome to England

49.3

1.0



sp Roadhead 5 1/2, Carlisle 22 1/2

50.7

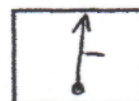
1.4



picnic site on left

52.0

1.3



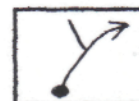
52.5

0.5



53.4

0.9



sp Roadhead 1 1/2, Carlisle 18

54.0

0.6



sp Bewcastle Church 3, Brampton 12

54.2

0.2



sp Bewcastle Church 3

55.6

1.4



sp Bewcastle 1 1/4

56.9

1.3



no sp

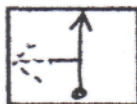
Bob Heslop

write here the tel no of the Senior Officer Present.....

p2 A3

57.0

0.1



If you have time, see the Bewcastle Cross in the church yard  
otherwise straight on.  
*See if you can see the anachronism in the mural.*

60.8

3.8



note fortified farm on rt.  
(ASKEERTON CASTLE).

61.4

0.6



sp Walton 3

62.0

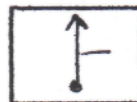
0.6



sp Lanercost 3, Brampton 6

62.8

0.8



sp Banks 1 1/2

63.2

0.4



sp Allensteads, Park Nook

64.7

1.5



no sp

white house on left, before bend

gates at 64.1 and 64.2

65.1

0.4



no sp

68.3

3.2



sp B6318 Gilsland 1/4

68.4

0.1



sp Greenhead 2

68.7

0.3



under bridge, then sharp right

Samson Inn car park is on left.

So this time you can eat my chips. I will be at a log cabin in the Blue Ridge mountains of Georgia USA,  
playing in the creek with my Granddaughter.

Prices of flights are all to do with timing! See you soon hope you enjoy the three counties.

Thank you David for your part in sorting the food and setting everyone off.